

# Tincture Recipe

## (Quick Wash Method)

For the purest extract, a quick wash can be used. This method leaves more of the chlorophyll and other water-based chemicals behind and reduces the time the extracted oils are exposed to alcohol and any potential chemical changes.

Because the quick wash technique is so rapid, there will still be a considerable amount of cannabinoids remaining. If using kief or hash instead of trim or bud, you can skip the oven drying step.

1. Start with dried, cured herb. Do not grind.
2. Place on a cookie sheet in a 100°F oven until bone-dry and brittle.
3. Place the herb in a glass jar and put it in a freezer to dry further.
4. Add high-proof ethyl alcohol and shake to make sure all the vegetation is thoroughly wet.
5. Return jar to freezer for one minute.
6. Remove jar from freezer, shake, and return to freezer for another minute.
7. Repeat step 6.
8. After three minutes, remove jar and strain the mixture through a fine wire mesh that lets it drain quickly.
9. Refilter using a coffee filter.
10. The resulting tincture can be used as is or reduced to oil.
11. Reprocess the strained plant material for a second batch with different properties.